Credits:

I'd like to thank Jon Wind for his string routines.
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Steve Kiene at Mindvision Software figured out how to change the rename delay.
Alex Narvey figured out how to change the Sleep command key. Users interested in downloading his document describing the hack should download SLEEP7.SIT from the MacSeven forum on Compuserve.
Steve Nies redesigned the interface for version 3.3.
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Brian Clark showed me how to bring back rename delay editing for System 7.1. I'm sure a lot of users will be very grateful to Brian! I know I am.
Bob Welch is also the creator of the new icon.